

- Intelligent Health Care
- Healthy Life

Infrared Sauna



# SN-902 Infrared Sauna

## Installation & Owner's Manual


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Please read this entire manual thoroughly before proceeding with the assembly.

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# PRECAUTIONS AND INSTRUCTION

## ATTENTION

Please read all instructions thoroughly before using.

Serious injury may result if ignore the following warning and instruction.

Basic precautions should always be followed when using this electrical equipment.

## DANGER

To avoid the risk of causing burns, fire, electric shock, or other injuries:

- Connect the power cord to a properly grounded outlet.
- Using only for its intended use as described in this manual.
- Don't use accessories not recommended by the manufacturer.
- Please disconnect the power after using.
- Please keep the electrical cord away from heated surfaces.

If the sauna is faulty, the supply cord or plug is damaged, please stop using it immediately.

## WARNINGS

- Don't stay longer than one hour.
- Don't put the sauna on a humid environment.
- Don't touch the heater directly with hands or body for a long time.
- Don't use any sharp tools on or near the heaters (severe damage may result).
- Placing the sauna on a flat surface.
- Unauthorized disassembly of the sauna is prohibited.
- People with health problems should consult a physician for prior to using the sauna. (Including acute diseases, malignant tumors, high blood pressure, heart disease, allergic dermatitis, pregnancy, etc.)
- This product is not intended for use by person (including children) with reduced physical, sensory or mental capabilities, or lack of adequate

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experience knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

- Using a sauna after taking alcohol, drugs, or medication can lead to hyperthermia and increase the risk of death.
- If you are feeling uncomfortable, exit the sauna immediately and consult a doctor.
- Children should be supervised to ensure that they do not play with the appliance.

### **HYPERTHERMIA**

Prolonged exposure in the sauna may cause hyperthermia. Hyperthermia occurs when body's core temperature rises above 98.6F. Symptoms of hyperthermia include a rise in body temperature, dizziness, lethargy, drowsiness, and fainting. The effects of hyperthermia may include:

- a) Failure to perceive heat / Unawareness of impending heat
- b) Failure to recognize the need to exit the sauna
- c) Fetal damage in pregnant women
- d) Physical inability to exit the sauna
- e) Unconsciousness

## **INSTALLATION GUIDE**

Each panel is heavy, especially the top panel. Be careful to avoid injury when installing. This sauna requires at least 2 adults to complete assembly. The panels should be install in the following order:

Floor Panel → Rear Panel → Right Panel → Left Panel → Bench Support Panel → Bench Surface Panel → Fixed Side piece of Glass → Place the Front Glass → Fixed Side piece of Glass → Door Glass Installation → Door Handle Installation → Connect the wires → Set Screw

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### Step 1: Position the Floor Panel



(image1)

Place the floor panel on a flat surface. Before assembly, make sure the floor is flat so that you can maintain a comfortable subsequent installation. (image1)

### Step 2: Position the Rear Panel



(image2)

Place the rear panel in place so that the wooden strip at the bottom of the rear panel is clamped to the floor panel. If your sauna is next to a wall, you can gently rest the rear panel against the wall of your home. (image 2)

### Step 3: Position the Right Side Panel



(image3)

Place the right side panel in place so that the wooden strip at the bottom of the right side panel is clamped to the floor panel. Pay attention to whether the hooks of the rear and right side panel sub-button are up or down. (image 3)

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#### Step 4: Position the Left Side Panel



(image4)

Place the left side panel in place so that the wooden strip at the bottom of the leftside panel is clamped to the floor panel. Pay attention to whether the hooks of the rear and left side panel sub-button are up or down.

#### Step 5: Place the Bench Support Panel and Connect the wire behind

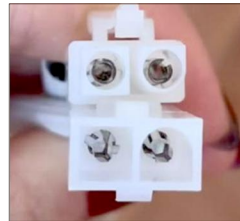
Place the Bench Support panel (image5) and connect the wires behind (image6). Each two wires have corresponding unique interface shape(image7), hear a click to indicate that the connection is completed.



(image5)



(image6)

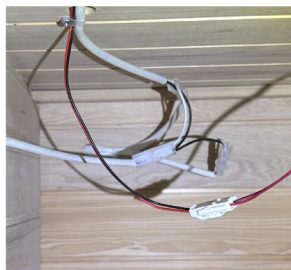


(image7)

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### Step 6: Place the Bench Surface Panel

Please make sure to always install the Bench Surface Panel before installing the Front Panel and connect the wires behind (image 8), otherwise it will not fit inside due to space limitations.



(image 8)

### Step 7: Fixed Side piece of Glass

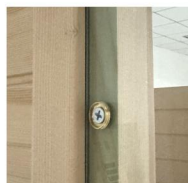
Please open the screw bag, assemble the screws according to ((image 10) and lock the glass with the screws, rotate and screw on the screw cover (image 11).



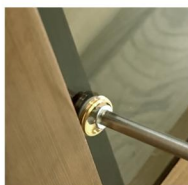
(image 9)



(image10)



(image12)



(image11)



(image13)



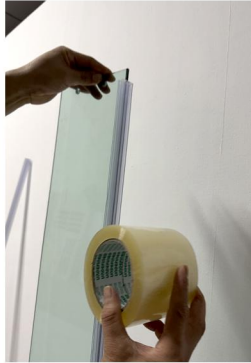
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### Step 8: Place the Front Glass

Please install the glass seal strip on the front glass first, then place the front glass into the slot on the base. Attach the other end of the glass seal strip to the glass on the side glass.



(image12)



(image13)



(image14)

### Step 9: Fixed Side piece of Glass

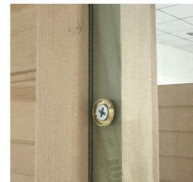
Please open the screw bag, assemble the screws according to ((image 16) and lock the glass with the screws, rotate and screw on the screw cover (image 18).



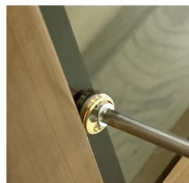
(image 15)



(image16)



(image18)



(image17)



(image19)



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### Step 10: Door Glass Installation

Please put the seal into the front door glass, and use a rubber mallet, or a soft or hard object around you (Ps: plastic bottles of mineral water), to knock the seal in.



### Step 11: Door Handle Installation

Please put the screws into the holes of the door handle according to the (image 20) and lock the screws.



(image 20)



## Step 12: Connect the wires

Please install the top of the product and connect all wires.



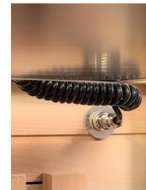
(image 21)



(image 22)



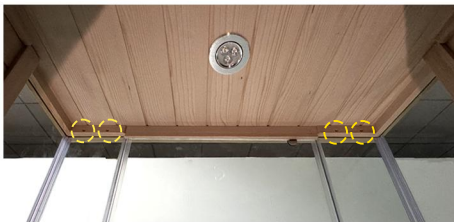
(image 23)



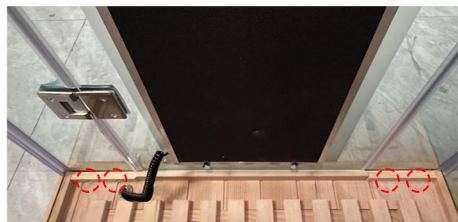
(image 24)

## Step 13: Set Screw

Please fix the top four screw holes, (image 25) then fix the bottom four screw holes (image 26).



(image 25)

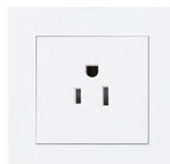


(image 26)

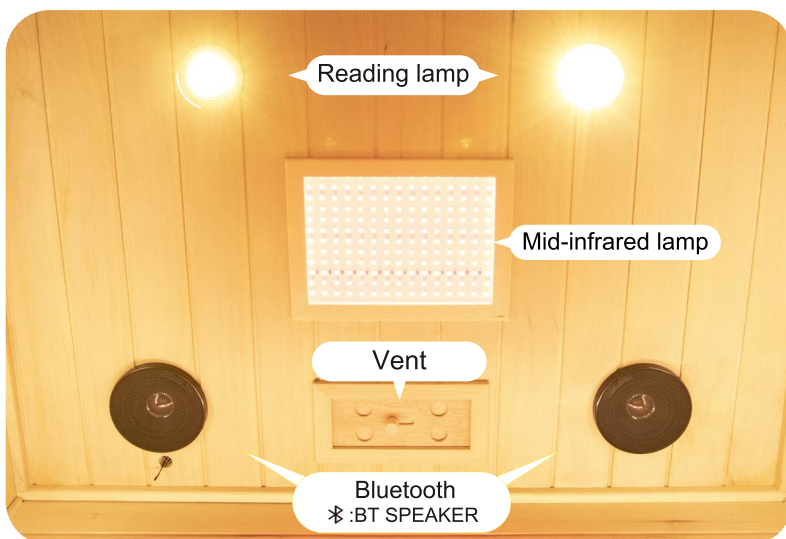
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### Step 13: Enjoy your Sauna

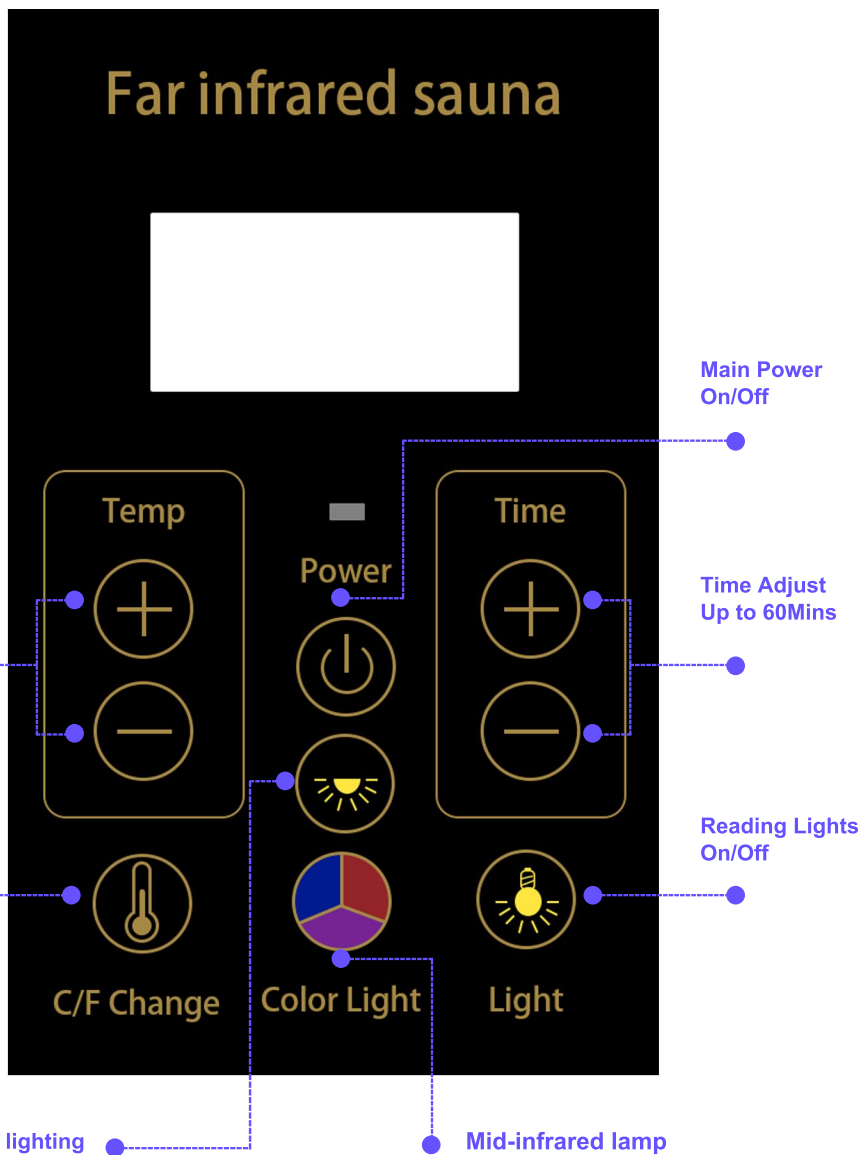
Congratulations, you have successfully assembled a sauna. Plug in the sauna, and enjoy your sauna time.



## OTHER FUNCTIONS



# CONTROL PANEL INSTRUCTION



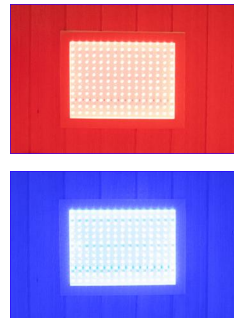
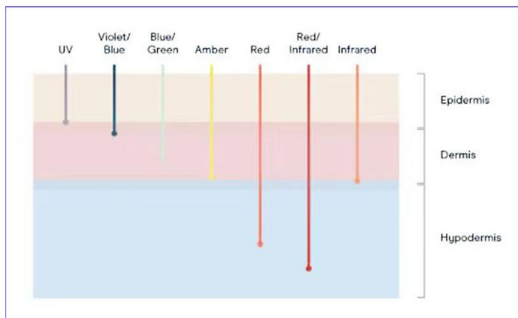
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# SPECIFICATIONS

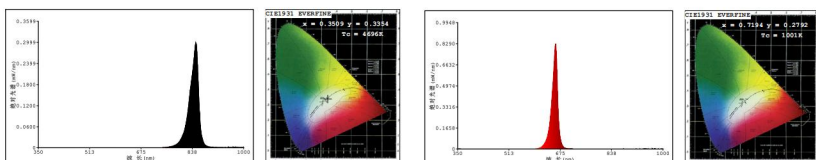
Product Name	Far Infrared Sauna
Model	SN-902
Dimensions	47.36*39.50*75.40in
Voltage	110-120VAC
Plug Type	15 Amps
Wattage	1750 W
Number of Heaters	6 pcs
Raw Material	Hemlock/Red Cedar
Location	Indoor

# ABOUT MID-INFRARED LAMPS

1. Visible red or blue light and near infrared light have a positive effect on skin wound healing.
2. Near-infrared light can promote collagen synthesis, hydration, reduce wrinkles and achieve skin rejuvenation.



3. Whole-body red light therapy is effective in promoting wound healing in deep burn wounds and other similar acute wounds. At the same time, it has pain-relieving and safety benefits for these patients.
4. Mid-infrared light can promote blood circulation, improve acne and inhibit melanin production.



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# KEEP IN WELL CONDITION FOR SAUNA ROOM

- Place a large towel over the seat and baseboard before use to absorb excess sweat and prevent it from eroding the equipment.
  - In order to prevent colds during use, it is recommended that the temperature be gradually lowered until the body gradually adapts to room temperature before stepping out of the equipment.
  - If there is a lot of sweating after using the device, it is recommended to take a shower after 60 minutes, or use a room temperature wet towel to wipe the body after using the device, which is also an alternative to showering. It is also a good alternative to showering and is better for the skin.
  - After use, open the door and ventilate for about 10 minutes, during the ventilation process, the device can be turned off, and the residual temperature can also be used to evaporate the internal water vapor.
  - If there is sweat dripping onto the surface of the board or heating plate, etc., you can use a damp towel to wipe it in time to prevent discoloration and leaving stains, etc.
  - The door just has a magnetic suction device, can not prevent violent entry, please pay attention to children, the elderly, pets and other bad entry.
  - It is strictly prohibited to add locking devices to the door when using it, and it must be ensured that people can enter and exit conveniently at any time.
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**CONCENTRATE ON PROFESSIONAL SAUNA**